



# Worried about suicide?

Call 1300 659 467  
[suicidecallbackservice.org.au](http://suicidecallbackservice.org.au)

## Free support.

Suicide Call Back Service provides free professional phone and online counselling support for anyone affected by suicide.

Available 24 hours a day, seven days a week.



**Suicide Call Back Service provides free professional telephone and online counselling support for anyone affected by suicide.**

Suicide Call Back Service provides immediate counselling and support in a crisis. Our professional counsellors provide support to anyone who is feeling suicidal, worried about someone else, or bereaved by suicide.

Our counsellors have specialist skills in working with suicide-related issues and will help you to work through the pain and distress you may be feeling.

## Ongoing support

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The service can provide up to four free telephone counselling sessions scheduled at times best suited to your needs.

**If you are affected by suicide, get immediate help.**

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Suicide Call Back Service is funded by The Australian Government Department of Health and Aged Care and is delivered by Lifeline.